

Microblading Consent

Clinic address *Green Skin LLC*

504 Mira Villa Drive, St. Peters, MO 63376

For the Client

Microblading is a manual method of implanting pigment in hair-like strokes into the epidermis to create the look of fuller brows. The natural looking, thick, full brow results are achieved with a sharp, hand-held manual blade made up of 9 microneedles. Instead of outlining and filling in the outline of your brows with color, **microblading actually allows for the placement of hair like strokes into the skin.**

This form is designed to give information needed to make an informed choice of whether or not to undergo a 3D Eyebrow, Microblading, (often referred to as-feather touch, brow embroidery, microshading) semi-permanent tattoo makeup application.

If you have any questions, please don't hesitate to ask. Although 3D Eyebrow Microblading is effective in most cases, no guarantee can be made that a specific client will benefit from the procedure.

This is the process of inserting pigment into the basal/papillary layer of the epidermis. It is a form of tattooing, though semi-permanent organic vegan pigments.

All instruments that enter the skin or come in contact with body fluids are disposable and disposed of after use. Cross contamination guidelines are strictly adhered to.

Generally, the results are excellent. However, a perfect result is not a realistic expectation. It is usual and advised to expect a Touch-Up after healing is completed. Initially the color will appear more vibrant or darker compared to the end result.

Usually within 5-7 days the color will fade 40-50%, soften and look more natural. The pigment is semi-permanent and will fade over time. Fading, fanning and spreading are possible. Additional touch-ups are likely needed within 6 months to 2 years. Infection and allergic reaction are possible.

What to expect

Consultation to discuss expectations and results of treatment.

Mapping of eyebrow shape is drawn according to the golden ratio method to perfectly compliment your unique face shape and size.

Numbing will take place inside of the brow template.

Selection of pigment is chosen to best fit your brow color. You may choose to bring in a powder/gel that you use daily.

The brows can stay red, swollen and tender to the touch for up to 2 weeks.

Because of the swelling, the brows may not look perfectly symmetrical while they are healing. They can scab, but this isn't ideal and scabs should be left alone and covered with an occlusive

The brows will go through many phases but they will likely fade 40-60% before the touch up. Because the pigment is still on the surface of the skin, **the brows will appear much darker than the end result for the first two weeks.** If they aren't properly moisturized they can look lighter than the end result.

Pre-Care & Contraindications

Clients must be in good health before they get microblading. Period.

Clients should always be aware of the commitment involved in microblading, which is why a consult or established relationship prior to treatment is so crucial.

Clients should shower and wash hair prior to treatment so that extra care is considered for the brow area.

No waxing or tinting of the brows 3 days before treatment

No tweezing, electrolysis, or laser one week before treatment

No intense sun exposure prior to treatment

Stop Anti-aging products 5-7 days prior to treatment

Clients should avoid any chemical exfoliants about a week prior to their microblading treatment. These chemical exfoliants include, but are not limited to, Retin-A, retinol, benzoyl peroxide, AHA's, BHA's, kojic acid, and hydroquinone.

Those that are not good candidates are:

- Clients who have cancer, MRSA, diabetes, hepatitis, epilepsy or other autoimmune disorders
- Clients who have undergone chemotherapy must wait a year
- Clients who are taking Accutane must wait a year
- Clients who are pregnant or nursing
- Clients who tendencies to keloid or hyper pigment
- Clients who have general illnesses like the common cold or the flu
- Clients on any antibiotics must 5-7 days upon completion
- Clients who have open or unhealed sores, rashes, cuts, burns, or cold sores on or near the eyebrows
- Clients must be completely healed from any facelifts or facial surgeries
- Clients who have had any recent skin treatments near the brows such as Botox/neurotoxin, chemical peels, laser, or waxing

You may experience minor bleeding, making it difficult to implant pigment. **I ask that you stop all of the following to minimize excessive bleeding:**

-Fish oils (1 week)

-NSAIDs -- or nonsteroidal anti-inflammatory drugs **You may only take tylenol**

-No Alcohol – 2 nights prior

-No Caffeine - day of treatment

Post Care

These guidelines are to be followed exactly to ensure the best outcome for newly micro-bladed brows

Week 1

Keep brows covered with an occlusive for up to 2 weeks (letting them dry out can cause scabbing/although scabbing can happen it is not ideal) - no long hot steamy showers, do not submerge them in water for up to 2 weeks, use a sponge to cleanse your skin without splashing water in the treated area. You can also use an occlusive over the brows during showers to form a barrier over them.

Put a clean pillowcase on your pillow and keep pets out of the bed.

Do not sit in front of a campfire and keep vehicle windows closed.

Keep brows out of the sun, make use of hats, sunglasses and the visor in your vehicle. Always use spf when in the sun, preferably a physical vs. chemical sunscreen.

Days 1-3, always using clean hands apply a small amount of aftercare ointment with a cotton swab into the brows 3x/daily. Do not use any cleansing products containing acids or exfoliants.

Days 4-7, Cleanse brows with gentle cleanser and warm water, make sure you allow the skin to dry. Apply a rice grain amount of aftercare ointment with a cotton swab and spread it across the treated area. Be sure not to over apply, as this will suffocate your skin and delay healing. The ointment should barely be noticeable on the skin. Avoid heavy exercise (sweating) and swimming.

Week 2 & 3

You may now splash water on your face and shower normally.

You may resume with your normal workout regimen.

Continue to dab aftercare ointment with clean fingertips onto brows 2/daily.

Continue to be careful with sun exposure.

Week 4 on

Throughout the entire healing process do your best to keep sweat, soap, shampoo, cosmetics, makeup, moisturizers, lotions, topical skin treatments, tanning solution, chlorine water, salt water, dirty hair, dirty hands and direct sun exposure from coming into contact with your brows.

Healing Process

Day 1

- Redness will subside within a few hours; your brow area may feel sore for up to 24 hours.

Days 1-4

- The pigment will seem dark to you, DO NOT try to wash or scrub them to remove pigment.

Days 4-10

- -You may form thin scabs, DO NOT PULL SCABS/FLAKES OFF!!!! (some people don't form scabs)
- Itching is normal, don't scratch them!!!!
- **They will appear patchy, this is normal! DO NOT FILL THEM WITH MAKEUP!**

Days 10-21

- Your brows will seem to have disappeared! There will be a cloudy appearance to the healing skins. Don't judge them just yet.

Days 21-30

- By this time the pigment that you have retained has come back! You can now see how much pigment has healed into your skin, and what needs to be touched up at your 4-week follow-up appointment. In this last week, you may fill them in if you feel it necessary.
- If you experience anything that is not listed above, please take a photo and email it to me explaining what is going on so I can let you know if it is normal or something I need to see in person. You can send a picture to kaldaisy@sbcglobal.net

Due to the unique nature of each individual's skin there is no guarantee of how much pigment you will retain.

Some people retain 80% of their pigment from the initial appointment, while other only retain 40%. There are many factors that affect this percentage from person to person. **We understand that the healing process of microblading is a bit of an emotional roller coaster, but it is SO WORTH IT!** Hang in there and we'll perfect them at your follow-up!

Touch up appointment

Clients that have oily skin or tendency to bleed heavily may need as many as 3 touch ups. A fourth touch up before 6 months post-treatment is not recommended as it can cause scar tissue, hyperpigmentation, or hypopigmentation. Most fading and asymmetry is meant to be corrected during the touch up.

If there are symptoms of possible infection the client may use bacitracin, or Neosporin with caution. It would then be my suggestion to refer to a medical professional.

The services Green Skin offers are considered cosmetic and voluntary by the client. I have extensive training, licenses and certifications in order to service my clients. I do not offer refunds on services. An exception to this policy is allergic reaction which will have to be determined and proven by a doctor or an examination by us within 24-48 hours. Upon receiving any service by Green Skin, you will be required to agree to these terms via written consent.

My signature below certifies that I have read or it has been read to me the above information and all of my questions have been answered.

Clients Signature:

_____ Date: _____

Practitioners Signature:

Kristin Green _____ Date: _____

PHOTOGRAPHY RELEASE We would like to ask your permission to photograph the treatment area of microblading the brows, in some cases during, and also after treatment. This allows monitoring of your treatment and results over time. We would appreciate your permission to share your results and outcomes with others in the aesthetic and cosmetic/beauty industry. Your results may be used for marketing such as: Portfolios, online and print ads.

I (print name) _____ give consent and permission for the use of the photographs captured before, during and after treatment of Microblading to be used by the esthetician of Green Skin LLC for marketing purposes.

Kg 3.23.18